

## UNITED STATES OF AMERICA

<i>Abbreviation</i>	<i>State</i>	<i>Capital</i>
AL	ALABAMA	MONTGOMERY
AK	ALASKA	JUNEAU
AZ	ARIZONA	PHOENIX
AR	ARKANSAS	LITTLE ROCK
CA	CALIFORNIA	SACRAMENTO
CO	COLORADO	DENVER
CT	CONNECTICUT	HARTFORD
DE	DELAWARE	DOVER
FL	FLORIDA	TALLAHASSEE
GA	GEORGIA	ATLANTA
HI	HAWAII	HONOLULU
ID	IDAHO	BOISE
IL	ILLINOIS	SPRINGFIELD
IN	INDIANA	INDIANAPOLIS
IA	IOWA	DES MOINES
KS	KANSAS	TOPEKA
KY	KENTUCKY	FRANKFORT
LA	LOUISIANA	BATON ROUGE
ME	MAINE	AUGUSTA
MD	MARYLAND	ANNAPOLIS
MA	MASSACHUSETTS	BOSTON
MI	MICHIGAN	LANSING
MN	MINNESOTA	ST.PAUL
MS	MISSISSIPPI	JACKSON
MO	MISSOURI	JEFFERSON CITY
MT	MONTANA	HELENA
NE	NEBRASKA	LINCOLN
NV	NEVADA	CARSON CITY
NH	NEW HAMPSHIRE	CONCORD
NJ	NEW JERSEY	TRENTON
NM	NEW MEXICO	SANTA FE
NY	NEW YORK	ALBANY
NC	NORTH CAROLINA	RALEIGH
ND	NORTH DAKOTA	BISMARCK
OH	OHIO	COLUMBUS
OK	OKLAHOMA	OKLAHOMA CITY
OR	OREGON	SALEM
PA	PENNSYLVANIA	HARRISBURG
RI	RHODE ISLAND	PROVIDENCE
SC	SOUTH CAROLINA	COLUMBIA
SD	SOUTH DAKOTA	PIERRE
TN	TENNESSEE	NASHVILLE
TX	TEXAS	AUSTIN
UT	UTAH	SALT LAKE CITY
VT	VERMONT	MONTPELIER
VA	VIRGINIA	RICHMOND
WA	WASHINGTON	OLYMPIA
WV	WEST VIRGINIA	CHARLESTON
WI	WISCONSIN	MADISON
WY	WYOMING	CHEYENNE

RIVERS

Alabama  
James  
Roanoke  
Allegheny  
Kennebec  
Sacramento  
Altamaha  
Mississippi  
San Joaquin  
Arkansas  
Missouri  
Santee

Brazos  
Mohawk  
Savannah  
Cape Fear  
Monongahela  
Snake  
Chattahoochee  
Ohio  
St. Lawrence  
Colorado  
Pecos  
Susquehanna  
Columbia  
Pee Dee

Tennessee  
Connecticut  
Penobscot  
Tombigbee  
Delaware  
Platte  
Wabash  
Gila  
Potomac  
Yellowstone  
Hudson Red (TX, OK, LA)  
Yukon  
Illinois  
Rio Grande

FEATURES

Cascades  
Lake Huron  
Lake Superior  
Coastal Range  
Lake Michigan  
Rocky Mountains  
Great Basin  
Pacific Ocean

Atlantic Ocean  
Gulf of Mexico  
Great Salt Lake  
Lake Okeechobee  
Sierra Nevada  
Appalachian Range  
Lake Erie  
Lake Ontario

PROVINCE

Yukon  
Northwest Territories  
Nunavut (Iqaluit) \*  
British Columbia  
Alberta  
Saskatchewan  
Manitoba

CAPITAL

Whitehorse  
Yellowknife  
  
Victoria  
Edmonton  
Regina  
Winnipeg

PROVINCE

Ontario  
Quebec  
Newfoundland  
New Brunswick  
Nova Scotia  
  
Prince Edward Island

CAPITAL

Toronto  
Quebec  
St John's  
Fredericton  
Halifax  
  
Charlottetown

\*Nunavut (Iqaluit) a new territory, effective April 1, 1999, carved out of Canada's Central and Eastern Arctic. Divide the Northwest Territories into Eastern and Western portions, and the Eastern portion, including Hudson's Bay and Baffin Island, is Nunavut.

Also label United States and Greenland

BODIES OF WATER

Baffin Bay  
Great Slave Lake  
Bay of Fundy  
Gulf of St. Lawrence  
Beaufort Sea  
Hudson Bay

Davis Strait  
Hudson Strait  
Foxe Basin  
James Bay  
Great Bear Lake  
Lake Winnipeg

FEATURES

Baffin Island  
Rocky Mountains  
Churchill River  
Sault Ste. Marie (canal and town)  
Fraser River  
St. Lawrence River

Mackenzie River  
Vancouver Island  
Nelson River  
Victoria Island  
Ottawa River

CENTRAL AMERICA

<u>Country</u>	<u>Capital</u>
Belize	Belmopan
Guatemala	Guatemala
Honduras	Tegucigalpa
El Salvador	San Salvador
Nicaragua	Managua
Costa Rica	San Jose
Panama	Panama
Mexico	Mexico City

LESSER ANTILLES

<u>Country</u>	<u>Capital</u>
Antigua and Barbuda	St. Johns
St Kitts and Nevis	Basseterre
Guadeloupe	Basseterre
Dominica	Roseau
Martinique	Fort-de-France
St Lucia	Castries
St Vincent and the Grenadines	Kingstown
Barbados	Bridgetown
Grenada	St. Georges
Trinidad and Tobago	Port-of -Spain

GREATER ANTILLES

<u>Country</u>	<u>Capital</u>
Bahamas	Nassau
Cuba	Havana
Grand Cayman	Georgetown
Jamaica	Kingston
Haiti	Port-au-Prince
Dominican Republic	Santo Domingo
Puerto Rico*	San Juan

\*Puerto Rico is a territory of the USA.

BODIES OF WATER

- Atlantic Ocean
- Bahia de Campeche
- Caribbean Sea
- Golfo de Panama
- Gulf of Mexico
- Lago de Nicaragua
- Pacific Ocean
- Panama Canal

## SOUTH AMERICA

<u>Countries</u>	<u>Capitals</u>
Brazil	Brasilia
Bolivia	La Paz and Sucre
Paraguay	Asuncion
Uruguay	Montevideo
Argentina	Buenos Aires
Falkland Islands	Stanley
Chile	Santiago
Peru	Lima
Ecuador	Quito
Colombia	Bogota
Venezuela	Caracus
Guyana	Georgetown
Suriname	Paramaribo
French Guiana	Cayenne

## FEATURES

Amazon River  
Andes Mountains  
Atlantic Ocean  
Caribbean Sea  
Drake Passage  
Galapagos Islands  
Orinoco River  
Uruguay River

Pacific Ocean  
Panama Canal  
Paraguay River  
Parana River  
Sao Francisco River  
Strait of Magellan  
Tierra del Fuego  
Lake Titicaca

Europe

<u>Countries</u>	<u>Capitals</u>	<u>Countries</u>	<u>Capitals</u>
Iceland -	Reykjavik	Czech Republic -	Prague
Norway -	Oslo	Poland -	Warsaw
Sweden -	Stockholm	Slovakia -	Bratislava
Finland -	Helsinki	Hungary -	Budapest
Denmark -	Copenhagen	Belarus -	Minsk
Estonia -	Tallinn	Ukraine -	Kiev
Latvia -	Riga	Russia -	Moscow
Lithuania -	Vilnius	Moldova -	Chisinau
Republic of Ireland -	Dublin	Slovenia -	Ljubljana
Northern Ireland -	Belfast	Croatia -	Zagreb
Scotland -	Edinburgh	Bosnia and Herzegovina -	Sarajevo
England -	London	Serbia	Belgrade
Wales -	Cardiff	Montenegro	Podgorica
Portugal -	Lisbon	Albania -	Tirana
Spain -	Madrid	Macedonia -	Skopje
Andorra -	Andorra	Greece -	Athens
France -	Paris	Romania -	Bucharest
Monaco -	Monaco	Bulgaria -	Sofia
Germany -	Berlin	Cyprus -	Nicosia
Italy -	Rome		
Vatican City			
San Marino -	San Marino		
Malta -	Valletta		
Liechtenstein -	Vaduz		
Switzerland -	Bern		
Austria -	Vienna		
Netherlands	Amsterdam		
Belgium	Brussels		
Luxembourg	Luxembourg		

European Features

Adriatic Sea  
Atlantic Ocean  
Bay of Biscay  
Gulf of Finland  
Irish Sea  
North Sea  
Sea of Marmara  
Aegean Sea

Balearic Sea  
Black Sea  
English Channel  
Ligurian Sea  
Norwegian Sea  
Strait of Gibraltar

Baltic Sea

Bosporus  
Gulf of Bothnia  
Ionian Sea  
Mediterranean Sea  
Sea of Azov  
Tyrrhenian Sea

Mountains

Alps  
Apennines

Ural  
Carpathian Alps

Pyrenees

Rivers

Danube  
Don  
Elbe  
Loire

Po  
Rhine  
Rhone  
Seine

Ural  
Volga

## ASIA

### Southwestern Asia

<u>Countries</u>	<u>Capitals</u>
Syria	Damascus
Lebanon	Beirut
Israel	Jerusalem
Jordan	Amman
Kuwait	Kuwait
Iraq	Baghdad
Iran	Tehran
Saudi Arabia	Riyadh
Yemen	Sanaa
Oman	Muscat
United Arab Emirates	Abu Dhabi
Qatar	Doha
Bahrain	Manama
Turkey	Ankara

### South Asia

<u>Countries</u>	<u>Capitals</u>
Afghanistan	Kabul
Pakistan	Islamabad
India	New Delhi
Maldives	Male
Sri Lanka	Colombo
Nepal	Kathmandu
Bhutan	Thimphu
Bangladesh	Dhaka

Georgia -	T'bilisi
Armenia -	Yerevan
Azerbaijan -	Baku
Kazakhstan -	Astana
Uzbekistan -	Tashkent
Turkmenistan -	Ashgabat
Kyrgyzstan -	Bishkek
Tajikistan -	Dushanbe

### East Asia

<u>Countries</u>	<u>Capitals</u>
China	Beijing
Taiwan	Taipei
Mongolia	Ulaanbaatar
North Korea	Pyongyang
South Korea	Seoul
Japan	Tokyo

### Southeastern Asia

<u>Countries</u>	<u>Capitals</u>
Myanmar	Yangon
Thailand	Bangkok
Malaysia	Kuala Lumpur
Singapore	Singapore
Laos	Vientiane
Cambodia	Phnom Penh
Vietnam	Hanoi
Philippines	Manila
Indonesia	Jakarta
Brunei	Bandar Seri Begawan
Indonesia	Jakarta
East Timor	Dili



## Asian Features

### RIVERS

Amur  
Brahmaputra  
Don  
Euphrates  
Ganges  
Indus  
Irrawaddy  
Lena

Mekong  
Ob  
Tigris  
Ural  
Volga  
Yangtze  
Yellow  
Yenisey

### MOUNTAINS

Ural Mountains  
Caucasus Mountains

Gobi Desert  
Himalaya Mountains

### SEAS

Arabian Sea  
Aral Sea  
Bay of Bengal  
Bering Sea  
Caspian Sea  
East China Sea  
Gulf of Aden  
Gulf of Oman  
Indian Ocean  
Persian Gulf  
Sea of Okhotsk  
South China Sea  
Yellow Sea  
Red Sea  
Sea of Japan

## AFRICA

### Northwestern Africa

<u>Countries</u>	<u>Capitals</u>
Canary Islands	
** (1) Santa Cruz de Tenerife	
** (2) Las Palmas de Gran Canaria	
Western Sahara	El Aaiun
Morocco	Rabat
Algeria	Algiers
Tunisia	Tunis
Libya	Tripoli
Cape Verde	Praia
Mauritania	Nouakchott
Mali	Bamako
Burkina Faso	Ouagadougou
Niger	Niamey

### Northwestern Africa

<u>Countries</u>	<u>Capitals</u>
Senegal	Dakar
Gambia	Banjul
Guinea Bissau	Bissau
Guinea	Conakry
Sierra Leone	Freetown
Liberia	Monrovia
Cote d'Ivoire	Yamoussoukro
Ghana	Accra
Togo	Lome
Benin	Porto-Novo
Nigeria	Abuja

### Northeastern Africa

<u>Countries</u>	<u>Capitals</u>
Egypt	Cairo
Chad	N'Djamena
Sudan	Khartoum
Eritrea	Asmara
Djibouti	Djibouti
Ethiopia	Addis Ababa

<u>Countries</u>	<u>Capitals</u>
Somalia	Mogadishu
Kenya	Nairobi
Uganda	Kampala
Rwanda	Kigali
Burundi	Bujumbura
Tanzania	Dodoma

### Central Africa

<u>Countries</u>	<u>Capitals</u>
Cameroon	Yaounde
Central African Republic	Bangui
Equatorial Guinea	Malabo
Sao Tome and Principe	Sao Tome
Gabon	Libreville
Congo Republic	Brazzaville
Congo Democratic Republic	Kinshasa
Angola	Luanda
Namibia	Windhoek

### Southern Africa

<u>Countries</u>	<u>Capitals</u>
Zambia	Lusaka
Malawi	Lilongwe
Botswana	Gaborone
Zimbabwe	Harare
Mozambique	Maputo
South Africa	Cape Town
Lesotho	Maseru
Swaziland	Mbabane
Seychelles	Victoria
Comoros	Moroni
Madagascar	Antananarivo
Mauritius	Port Louis

(AFRICA continued - next page)

## AFRICAN FEATURES

Atlantic Ocean  
Atlas Mountains  
Congo River  
Gulf of Aden  
Indian Ocean  
Lake Chad  
Lake Victoria  
Mozambique Channel  
Namib Desert  
Sahara Desert  
Libyan Desert  
Mediterranean Sea  
Kalahari Desert  
Niger River  
Nile River  
Orange River  
Red Sea  
Zambezi River

\*\*Canary Islands (province of Spain) share the 2 capitals  
#(1) on the island of Tenerife, and #(2) on the island of Las Palmas

Week 12

Australia

Canberra

Territories

Capitals

Western Territory

Perth

Northern Territory

Darwin

South Australia

Adelaide

Queensland

Brisbane

New South Wales

Sydney

Victoria

Melbourne

Tasmania

Hobart

Country

Capital

New Zealand

Wellington

FEATURES

Indian Ocean

Coral Sea

Pacific Ocean

Tasman Sea

Great Australian Bight

Gulf of Carpentaria

Great Barrier Reef

Simpson Desert

Great Victoria Desert

Gibson Desert

Great Sandy Desert

Great Dividing Range

Cook Strait

## OCEANIA

<u>Countries</u>	<u>Capitals</u>
Palau	Koror
Papua New Guinea Federated States of Micronesia	Port Moresby
Solomon Islands	Palikir
Nauru	Honiara
Vanuatu	Yaren
Tuvalu	Port-Vila
Kiribati	Funafuti
Fiji	Tarawa
Samoa	Suva
Tonga	Apia
Marshall Islands	Nuku'alofa
Guam	Majuro

## BODIES OF WATER

Andaman Sea  
Gulf of Thailand  
South China Sea  
Indian Ocean  
Java Sea  
Celebes Sea  
Sulu Sea  
Philippine Sea  
Molucca Sea  
Pacific Ocean  
Banda Sea  
Timor Sea  
Arafura Sea